Captain Role & Responsibilities

First, as a captain, your responsibility is to set a good example for the rest of the cheer team. The team looks to the captain as a role model and therefore follows your lead. Which brings us to the second most important job of the captain: being a leader! What you do, they will follow; so always be careful when you make decisions.

Here is a list of several specific things that will be expected of you in your position as captain.

1. Be the motivating force in practice and help your coach to keep practice moving. Also, set an example and get things done. Be the one to work the hardest and encourage others to do so too. Finally, act quickly when your coach gives instructions. As captain, you should be the first to do anything that is asked. Leading by example is one of the BEST ways to lead your team!

2. Be dependable and offer your help instead of always having to be asked to do things. This would pertain to all aspects -- being on time, being at all practices, and most importantly, help with things that have to be done outside of practice. It is very important to be sure to get things done that are asked of you without having to be reminded, and if given a deadline, DON’T MISS IT! Also, encourage others to help as well. **Fundraising will be a huge part of this! It’ll be a huge part of your job to be the first to offer to help with fundraisers, get other girls to be involved in them, and maybe even plan and run your own fundraiser!**

3. Be cooperative, not only with your coach, but other team members as well. Try to avoid unnecessary arguments. Be a mediator, not the instigator.

4. Be responsible. This is where your hardest job lies. It’s your responsibility to help keep everyone “in line,” in formation and doing what is expected of them, so you may have to be stern at times, but never be overbearing. Leading by example is a great tactic here. You also have to be the motivator to keep your team pumped-up throughout the game, competition, etc. Positive energy is the key here.

As captain, other duties may be asked of you depending on your coach. Different things may come up at different times during the year. Simply pay attention, do what is asked of you, and BE A LEADER. Do this, and you will be successful at your job as captain.

This position can be difficult at times, so don’t be afraid to go to your coach if you are having problems and need help or even if you feel that maybe you’re not the one for the job. Also remember that everyone can improve and your coach is there to help you.
All interested cheerleaders will be given consideration for a captain position. Captains are NOT in charge of the team or team decisions. Captains will be given a “job” to perform throughout the season. Captains will be chosen based off application, teacher evaluations, grades, coaches meeting/interview, team vote and coach’s decision. If you are selected as a captain, it is up to you to withhold the standards of the NEHS Cheer Program. If you decide to violate rules or create drama, you will be removed from your position and someone else will take over. This will be at the coach’s discretion. Being named a captain is a privilege not a right and can be revoked at any time.

Captains should act as leaders and should uphold all the rules and expectations of the program. Captains should not be tattletales, boss their teammates around or treat teammates with disrespect. Captains should always have the best interest of the program at heart and be positive leaders in the program.

Good luck and try to keep a positive attitude! This job can be fun!

By signing below, you acknowledge that you have read and agree to the information above.

Cheerleader Signature: ___________________________ Date: _____

Parent Signature: ___________________________ Date: _____
Cheer Captain Teacher Recommendation

Cheerleader Name:

Please take a moment to fill out this recommendation form for the NEHS Cheerleader wishing to be captain for the 2015-2016 season. Please return to Katie Brushett in the Front Office by Friday, June 5. Please be open and honest in your assessment of this individual as they will be serving as a leader and example for North Eugene High School Cheerleading.

Ranking Scale:
4=highly recommended/exceptional
3=recommended/above average
2=recommended with reservation/average
1=not recommended/below average

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Please write any additional comments or concerns you may have about the candidate.

Teacher: Class this student is in:
Current grade in your class:
Teacher signature: Date:
Cheer Captain Teacher Recommendation

Cheerleader Name:

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Teacher: 
Class this student is in: 
Current grade in your class: 
Teacher signature: 
Date:
Cheer Captain Application

Name:

Grade:

1. Describe your leadership style?

2. If you were a captain of the squad, what would you do different from the leadership last year?

3. What would you do the same?

4. Why do you want to be a captain?

5. What is your strongest characteristic that would make you a great captain?
6. What is your weakest characteristic that would hinder you being a great captain?

7. What do you feel is the most important responsibility as a captain?

8. If you could improve one thing about the North Cheer program, what would it be? How would you go about doing it?

9. What challenges do you foresee as a captain? How will you overcome these challenges?
Please tell me what you would do in the following scenarios in detail:

1. Someone on your team is constantly “bad mouthing” your coach(es) and program at school and on social media. How would you handle this situation?

2. Everyone is outside running and conditioning. Your team members are struggling to keep up and everyone is pretty tired. How would you handle this situation?

3. Your stunt group is having a bad day; nothing seems to be going right. The rest of the team’s stunt groups are rocking it. What do you say to your own stunt group?

4. You notice that your teammate is not wearing the proper uniform at school. The coach asked you to wear warm-ups with cheer shoes. How would you handle this situation?